

## Play: Competition

See in your family who is tallest; who is heaviest; who has the biggest feet; who can jump the farthest; who can throw a welly the farthest; who can stand on one leg the longest. How did you feel being compared to each other all those times? We often compare ourselves to others - who might we do this with? It's not always a healthy thing to compare ourselves to one another - it can make us forget the good things about us and make us jealous of the other person which makes us unable to love them properly.

## Play: Teamwork makes the dream work

Split your family into teams. Give them a set amount of time to create the tallest free-standing tower that they can - working together using cellotape and newspaper/jenga blocks or whatever you have to hand. After 5 minutes announce the winner of the tallest tower. Did they work together well?

**Watch: Jacob & Esau** <https://www.youtube.com/watch?v=7pfZsmyjC64&t=221s>

## Read: Story of Jacob and Esau

Jacob and Esau were twins but Esau was born first. Jacob was born holding onto Esau's heel. Were you born first like Esau, second like Jacob, or somewhere else in line? Esau was born first, which meant that he would inherit the most, including property, houses, money, and livestock. Esau wouldn't have to worry about these things. But then, something happened. One day, Esau came in from the fields where he'd been hunting. He was very hungry. You know what that's like! Jacob was cooking up a tasty stew and bread when Esau came in, and it must have smelled wonderful. Esau naturally wanted some of the tasty food. Jacob, who was born second, whose birthright was much smaller than his brother's, said, "I'll give you this food if you sell me your birthright." Esau didn't even hesitate. He said, "I'm so hungry I'll die; what good is my birthright?" And he agreed to sell his birthright to his brother right then for a bowl of stew, bread, and a drink. That's almost like giving away all your possessions for a combo meal! Would you trade everything for one meal? It's true: Esau made a very poor choice. Jacob went through a lot of unnecessary troubles because he tricked his brother. If he had refused to go along with Rebekah's plan, he would have avoided all that trouble and would have been able to spend all those years being friends with his brother and not running away for many years.

## Play: Quiz

1. What were the brothers' names?
2. What were their mum and dad called?
3. What did Esau like doing?
4. What did Jacob like doing?
5. Who loved Esau best?
6. Who loved Jacob best?
7. Who did Isaac want to do something special for?
8. What did Rebecca do?
9. How did Jacob pretend to be Esau?
10. What did Jacob have to do when Esau found out about the trick?
11. What happened in Jacob's dream?
12. What was Jacob's uncle called?
13. What were the names of Jacob's two wives?
14. What did Esau do when Jacob came home?

## Pray:

Draw a picture of your sibling or someone in your family maybe a cousin or close friend. As you draw them, think about all the things you like about them. Say a prayer for the person you have drawn 'Thank you God for (name) and I really like that they (say something you like about them).