

Play: Flapping fish

Cut out fish shapes one for each person playing and give them a newspaper/magazine. Each person should flap their newspaper to make a wind in order to get their fish to move from one end of the room to the other. Race against another family member to time how fast you can flap your fish to the other end of the room. The fastest person is the winner.

Discover: Missing piece

Do a puzzle (Take one one or two pieces and don't give them the picture to follow.) When the puzzles are complete ask what is happening in their picture. Then give out the missing pieces and ask them to complete their puzzles. Ask if it is easier to understand the picture now? Sometimes we can't understand something because one of the pieces is missing. When Jesus was alive and spoke about his death the disciples didn't understand - but after the resurrection they had the whole picture and could see just what had happened.

Watch: Jesus appears to his disciples https://www.youtube.com/watch?v=A_QcGnwilXI

Read: Jesus is alive!

The story begins after two men had walked along a road to a place called Emmaus. They were discussing the crucifixion of Jesus and all of the events that had taken place in the past few days. They wondered what it all meant. As they walked, they were joined by a man on their walk. They did not recognise that the man was Jesus. There is much more to that part of the story, but it is enough for now that we know that Jesus revealed himself to them. Finally, they recognised that the man was Jesus. They were so excited to see that Jesus was alive that they jumped up and walked all the way back to Jerusalem.

The two men found Jesus' disciples and began telling them what they had seen. The Bible tells us that as they said these things, Jesus himself stood among them and said to them, "Peace be to you." Do you think the disciples felt peace? No! The Bible says that they were terrified and filled with fear, thinking that they had seen a ghost!

Once again Jesus spoke to his disciples. "Why are you troubled, and why do doubts arise in your hearts? Look at my hands. Look at my feet. You can see that it's really me. Touch me and make sure that I am not a ghost, because ghosts don't have bodies, as you see that I do." Still the disciples stood in disbelief, so Jesus asked them, "Do you have anything here to eat?" They gave him a piece of fish, and he ate it as they watched. That was even further proof that they were not seeing a ghost. A ghost doesn't need food.

The disciples had seen Jesus die. They had seen him placed in a tomb. But now they saw Jesus alive. Not just this day, but for more than 40 days, they saw him and talked with him. They even watched him eat food. They were not seeing a ghost! Those same disciples went all over the world, telling the story of Jesus' crucifixion, his death, and his resurrection. They never stopped telling the story during their whole lives.

You and I have been called to tell the story just like those disciples. We must be a witness for Jesus, too. We must tell the world that Jesus is alive.

Make: Jesus' hands <https://www.youtube.com/watch?v=62RWouP9pSo>

Pray:

Jesus showed his hands to the disciples with the wounds from the nails in them. It was only when Thomas saw the wounds that he really believed Jesus was alive. On a piece of paper or card draw round the hands of each person in your household - colour and decorate them to represent the people in your family. Once you have finished your design use it as a prayer focus point, you can place a hand onto each of the hand prints and pray for the person who it represents.